Kendal Walking Festival

The Lake District Full Up!! Enjoy the countryside nearer to home!

In 2020 we had to cancel the Kendal Walking Festival due to Covid-19 restrictions. So it is with great anticipation in 2021 that we look forward to our 4th Kendal Walking Festival which will be held from 6th to 9th August, in the middle of the school holidays.

As many will know Kendal makes a superb base for those who enjoy walking. Surrounded by beautiful scenery it offers a wide variety of walking experiences. It's a 5-minute drive into the Lake District National Park and 20 minutes from the Yorkshire Dales.

However with these popular tourist hot-spots being so overcrowded with 'staycationers', during the holiday periods this year, why not discover the many quieter but equally wonderful walks even closer to home that the Walking Festival offers. With opportunities to discover and explore the beauty of the countryside that surrounds our town, we recommend you leave the car, with its associated traffic chaos and parking worries, at home. Family time is much better spent out in the open countryside and fresh air rather than cooped up in the heat of the car in some traffic congestion somewhere.

The heights of Benson Knott, the rolling slopes of Whitbarrow, Scout and Cunswick Scars; the view points at Arnside Knott and Orrest Head; and the gentle hills near Staveley illustrate the richness and variety of walks radiating from all points of the compass from Kendal. Place names on our walks such as Sallows, Sour Howes and Gurnal Dubs are enough in themselves to attract intrigue and attention.

Every walk from the Easy' to the Strenuous', led by experienced volunteers, will be free of charge so if you are having a family 'staycation' as we become free from Covid restrictions or just looking for a week-end break on your own why not visit <u>www.kendalwalkingfestival.co.uk</u> and book yourself onto one of the KWF walks.

